

Press Release

WHAT HAPPENS AT A LABYRINTH WALK

If you're coming to a labyrinth walk for the first time, you might be wondering what to expect.

The good news is, that little more is expected of you than that you just 'walk' (and even then, only if you feel you want to!).

"The canvas will be laid out on the floor and I'll give a brief introduction for those who arrive early," explains Clive Johnson, the 55-year old Englishman whose brainchild project is to take a labyrinth mat all around the outer states of the USA. "I'll then just invite anyone who wants to walk the walk, whenever they feel ready."

"There really are no hard-and-fast rules", Johnson continued. "Walk when you want to, as you want to. All I ask is that you respect others and respect the labyrinth itself – no loud music or rollerblades, please!"

As host, Johnson will indicate when it's time to begin bringing the overall walk to a close. Otherwise, he encourages walkers to take their time, stay awhile at the end if they wish to (often, refreshments and time for a brief chat will be possible), and leave when you feel ready.

Some guidance about walking is available on the Labyrinth Around America website, www.labyrintharoundamerica.net, and there will be a handout available at walks for those who might miss the introductory talk (also written in Spanish).

Visit www.labyrintharoundamerica.net, or the project's Facebook page, <https://www.facebook.com/labyrintharoundamerica/>, to keep in touch with news about the labyrinth's journey.

IMAGES: www.labyrintharoundamerica.net/lbpress.html

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